#### Discover Your Favorite Giant Trees!

# Towada-Hachimantai National Park

Winding through marshes in the Japanese beech forest at Tsuta Onsen



Tsuta Onsen (hot spring) is surrounded by the Japanese beech forest with six marshes. Visitors can view giant trees and unique marshes from an wellmaintained hiking course of approx. 3km long. Many giant trees living in a truly natural Japanese beech forest await you!

#### (Access)

► By Car

90 min from Towada IC (Tohoku EXPWY)

- ► By Train and Bus
- 110 min by JR bus from Hachinohe Sta. (Tohoku Shinkansen) or
- 90 min by JR bus from Aomori Sta. (JR or Aoimori Railway)

Guarding the tomb stone of the poet who loved Tsuta Japanese Oak (Quercus crispula)

> Trunk girth 518cm 23m Height 400years Est. Age



A giant Japanese Oak stands east of Tsuta Onsen, as if it guards the tomb stone of famous poet of the late 19th century "Keigetsu Omachi". Possibly hit by thunders, its tip is broken into two big branches, and has a hollow at the base of the trunk, this tree still stands vigorously.

First giant tree to meet along the hiking trail Japanese Horse Chestnut (Aesculus turbinate) Trunk girth 592cm Height 22 m Est. Age 300years



One of the biggest Japanese Horse Chestnut in the Tohoku Region stands at Hyotannma. This species requires much water, and thus, often seen along the valley. Even with a hollow at the base of the trunk. this tree looks like keeping its vigor.

Outstanding tree at Suganuma Japanese Oak (Quercus crispula) Trunk girth 653cm Height Est. Age 400years



In the field of bamboo grass that leads to Suganuma, there stands a giant Japanese oak. Judging from the shape of the tree, two oak trees were combined. It is considered that this tree could grow such a big because there are no other giant trees to compete with.

Rare to grow this big

Kalopanax (Kalopanax pictus)

Trunk girth 486cm Height Est. Age 400years



With diagonal streaks on the bark, this kalopanax tree really stands out along the hiking course. It is over 30m high, and its trunk girth is almost 5m. Kalopanax tree of this size is rarely seen even nationwide!

Stands beautiful with Ivy

Chestnut (Castanea crenata)

Trunk girth 457cm Height 16m 400years Est. Age



In Japan, almost all of the chestnut trees were cut down to be utilized as railroad ties. This is one of the last giant chestnut trees left in Japan. With the curved and ivyentangled trunk, this tree tells its history that has survived harsh natural environment.

## Tsuta Onsen

Tsuta Onsen (hot spring) is located in the deep forest of Japanese beech trees, some 20km away from the downtown of the city of Towada. As one of Japan's best hidden hot springs, the history of Tsuta Onsen dates back to 12th century. At the only accommodation facility available in the area. visitors can enjoy historic features of the "Tsuta Onsen Ryokan". not only hot water gush out from the bottom plates of the bathtub made of Japanese beech timber.





# Towada-Hachimantai National Park



### **(Visitor Center)**

Before starting the hiking, stop by at the visitor center ("Tsutayacho no Mori Rest House") built next to the Tsuta Onsen Ryokan. This facility shows some of the fauna and flora that can be observed in the hiking course that winds through marshes (Hyotannuma, Suganuma, Naganuma, Tsukinuma, Kagaminuma and Tsutanuma). Visitors can also learn about geology and history of the vicinity. The facility, including the parking, is free of charge. So visit this interesting facility and learn about the nature and history before hitting the hiking course!

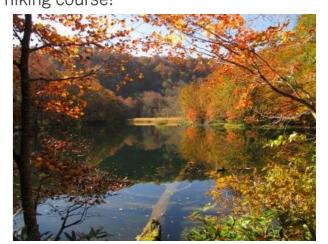


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